



# Mindfulness in Schools Project National Conference 2011

**Friday 30<sup>th</sup> September 2011**

We're delighted to invite you to join us for the second MiSP National Conference.  
Speakers include:

**Professor Mark Williams**

**Ruby Wax**

**Tim Parks (author of *Teach us to Sit Still*)**

**Professor Felicia Huppert**

**Michael Chaskalson**

**Ed Halliwell (co-author of *The Mindful Manifesto*)**

- Pupils and school teachers will report back on how the **.b** curriculum is going down in their classrooms and schools
- Hear about the varied contexts in which the curriculum is being taught to young people and adults, and how it is being creatively adapted
- Join the conversation about how mindfulness can contribute to the well-being of young people and society



To book for this conference, please go to: [www.mindfulnessinschools.org/courses](http://www.mindfulnessinschools.org/courses) or via Tonbridge at [www.tonbridge-school.co.uk/calendar/tpd/mindfulness-conference/](http://www.tonbridge-school.co.uk/calendar/tpd/mindfulness-conference/)

## Who should attend?

Anyone interested in the well-being of young people in schools and society, and the role of mindfulness in promoting this e.g. school teachers, parents, mindfulness teachers, school counsellors, psychologists working with children and adolescents.

## How much does it cost?

**£115** (This includes lunch)

## Where is it?

**Tonbridge School, Kent**